



Pre-Operative Instructions

1. Nothing to eat or drink over night prior to your surgery (for patients on medications, read below).
2. Wear loose fitting clothing to the hospital and leave all valuables at home except your identification, driver's license and insurance card(s).
3. Bring a sanitary pad; tampons are not advised post-operatively.
4. Arrive at least two hours prior to your scheduled surgery unless specifically told otherwise by a representative of the surgical facility or hospital.
5. You must have someone available to drive you home. Patients having a general anesthetic may not go home unattended and may not drive themselves.
6. If you take prescription medications, take all of your morning medications with just a sip of water in the morning before leaving for your procedure, unless told not to by your surgeon.
7. If you take insulin, make certain your physician has given you specific pre-operative instructions. Usually, an insulin-dependent patient is instructed to inject half of her usual total units of morning insulin (regular, nph, lantis, etc.) the morning of surgery.
8. If for any reason you can not have surgery as scheduled please give DWC and the surgical facility ample notice so that we might use our surgical days most efficiently.

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